



Tenth Annual Community Services Bureau Conference

October 1, 2, 3, 2008
The Holiday Inn Grand Montana
Billings, Montana

Sponsored by:

Montana Department of Public Health and Human Services Senior and Long Term Care Division Community Services Bureau

and

The Montana Case Management Association



WELCOME

Welcome to the Tenth Annual Community Services Bureau Conference, aptly named "Seeds." The connections made and the sessions provided at this conference are designed to plant *seeds* that improve the quality of life and services for people living with disabilities in the community. Whether personal or professional, the sessions will encourage and excite you with their content and presentation.

Enjoy your visit to Billings and the activities that are available for your enjoyment. Make sure you get out there, meet other conference attendees and visit the vendor booths. You will be pleasantly surprised at the wide variety of individuals who participate in this important event.



♦ Registration

On-site registration and name badges will be available for you. The registration desk will be located in the lobby of the Banquet Room Hall. Please wear your name badge so that we know who you are!

Conference Registration Hours:

Early Registration Tuesday, September 30, 2008 3:00 p.m.-5:00 p.m.

Wednesday, October 1, 2008 7:30 a.m.– 5:00 p.m.

Thursday, October 2, 2008 7:30 a.m.– 5:00 p.m.

Friday, October 3, 2008 7:30 a.m. - 1:00 p.m.

Vendor Tables

Don't miss the vendor tables set up in the Bitterroot Room.

Our vendors help support this conference, so take time to visit with them about their products and services.

♦ Craft Fair—Thursday

Located in the Atrium from 10:00 am to 6:00 pm

♦ CEU Credits

CEU credits for Social Workers and Certified Case Managers are available. Check with the registration desk for more information.

Door Prizes

Drawings take place during conference breaks and at meal functions.

Reminders

- ✓ Bring a sweater or jacket.
 The conference rooms can be chilly.
- √ Dress is casual.
- $\sqrt{}$ Have fun.



KEYNOTE SPEAKER

Lanny Butler

Dementia Possible Care

What we perceive to be true becomes our reality. If you believe that an individual with dementia is unable to bathe, dress, feed and toilet themselves, that will become your loved one's reality, only because you have made it so for them. Often we unknowingly take away these abilities out of love, but also out of ignorance of what can be done. By doing for them we have taken away their ability to participate in life, and have taken away much joy we could have shared together. It is our attempt to provide you an alternative to caring for your loved one, change your perception of the process of dementia, and therefore change your reality of what is possible in the months and years ahead. We call our approach to living with dementia, **Dementia Possible Care.**

Lanny butler MS, OTR is founder and President of IATB Dementia Care, a private consulting group on Dementia Possible Care giving. He lectures throughout the United States on Dementia Possible Care, and is author of *My Past Is Now My Future: a Practical Guide to Dementia Possible Care*.

Mr. Butler has primarily treated the geriatric population for the past 24 years in the outpatient, acute care, and long term care setting. Lanny has served as a Clinical Resource specialist for Rehab management, Inc., a long term care provider, for 7 years. He continues to provide ongoing staff training, clinical competencies, and program development in multiple aspects of geriatric care and has incorporated an interdisciplinary effort among the therapists he serves. The focus of his work has been the enhancement of clinical excellence for those who serve the geriatric population.



SCHEDULE

WEDNESDAY— OCTOBER 1, 2008

Registration opens at 7:30 a.m. with Opening Ceremonies beginning at 1:30 p.m.

8:30 a.m. – 12:00 p.m. — Pre-Conference Session

High Tea with Cecilia and Robin

This will be an opportunity for HCBS Case Managers to meet with the waiver program managers to ask questions and share concerns.

1:30 p.m. Opening Ceremonies-

Introductions and Announcements
James Driggers-Bureau Chief, Community Services Bureau
Keynote Speaker
Lanny Butler—Dementia Possible Care

WEDNESDAY—AFTERNOON SESSIONS

- ♦ You don't Know What You Don't Know about Activities—Lanny Butler.
 - Activities outside of the box and learning to match activities to the individuals level of dementia.
- ♦ Suicide Prevention—Karl Rosston.

Suicide prevention strategies and specific interventions will be discussed and participants will have the basic understanding of how to intervene with a depressed or suicidal person.

Drug and Alcohol Prevention in the Workplace—Laurie Starr Jones and Jeff Jones

This session will provide information around the issues of drug and alcohol usage in the workforce including: identifying and addressing the issues; ways to approach workers when issues are identified; and the rights and responsibilities of the employer and employee.

5:30 p.m.—7:00 p.m. Consumer Dinner

THURSDAY—OCTOBER 2, 2008 SESSIONS

Registration opens at 7:30 a.m. and sessions begin at 8:30 a.m.

7:00 a.m. —8:30 a.m. Montana Case Management Association Breakfast Meeting

◆ PACE—

The Program of All-Inclusive Care for the Elderly (PACE) is a capitated benefit that features a comprehensive service delivery system and integrated Medicare and Medicaid financing. The PACE model was developed to address the needs of long-term care clients, providers, and payers. For most participants, the comprehensive service package permits them to continue living at home while receiving services rather than be institutionalized. Integrated financing allows providers to deliver all acute and long term care services participants need rather than be limited to those reimbursable under the Medicare and Medicaid fee-for-service systems. Montana's PACE program will be launched in Livingston and Billings October 1st of this year.

♦ Abuse & Violence Against People Who are Members of Disability and Elderly Populations-

Rosemary Hughes, Ph.D. Information will be shared on recognizing the signs of abuse, knowing when a relationship is abusive and staying safe from abuse and violence against people in disability and elderly populations.

♦ Low cost Cooking with Dietary Considerations—Bernie Mason

With the high price of gas who can afford food, too? Topics to be explored include simple, low cost cooking and considerations for dietary restrictions.

♦ Communication—Awareness Beyond the Words—Suneetha deSilva, Ph.D.

Effective communication is more than words spoken and received. This session will explore awareness beyond the spoken word and help develop new avenues in communicating effectively with others.

• Multiple Aspects of Poverty—Suneetha deSilva, Ph.D.

Poverty has different cultural meanings and is just not seen in the monetary sense. This session will explore the mental, spiritual, emotional and physical aspects and give new insight and resource development as it relates to poverty.

♦ Emergency Preparedness—June Kailles.

This session will provide information to guide people in preparing and planning for emergencies and taking responsibility for our safety.

♦ Ethics Panel—Moderated by Kelly Moorse, SLTC Ombudsman

This multi-disciplinary panel will explore dilemmas that may be encountered in the provision of long-term care services. Speakers will use case examples and will discuss ethical and legal ramifications and options in specific case situations.

♦ PAS Time with Abby and Myrna—Abby Hulme and Myrna Seno

Come find out what is going on in the world of personal assistance services (PAS) in the State of Montana. This session will provide an overview and general report on Medicaid PAS. There will also be an opportunity to discuss PAS issues and trends. The Department and Mountain Pacific Quality Health will be on hand to provide information on the state's plan to continue providing quality home-based Medicaid PAS and answer questions.

THURSDAY & FRIDAY—SESSIONS

Housing Opportunities, Housing Resources, and Your Housing Rights—Michael O'Neil

Learn about various housing opportunities, including owning your own home, and your rights in the housing sector.

♦ Get Fit! Stress Relief, Exercise and Fun—Julie Murphy

Got stress? Need relief? Why not loosen up and explore new ways to stretch, tone and exercise? Yoga and belly dancing will be offered as ways to end your day on a positive note.

♦ Medicaid Buy-In—Barb Kriskovich

This session focuses on the Medicaid Infrastructure Grant and Medicaid Buy-In. Updates on grant activities will be given along with information concerning buy in to the Medicaid system.

• Psychosis in the Special Populations, TBI. Elderly, DD—Dr. Rathe

Participants will be able to identify common manifestations of psychosis in these special populations, learn the illnesses that can cause psychosis and be introduced to antipsychotic medications and their risks and benefits.

5:30—8:00 pm CSB Conference Banquet

8:00—11:00 pm Come and Dance to the Southbound Band (Winners of the Tuney Award

for best bluegrass in 2001-2003.)

FRIDAY— OCTOBER 3, 2008

Registration opens at 7:30 and sessions begin at 8:30 a.m.

What's Up in the Senior and Long Term Care Division?—Kelly Williams

The Senior and Long Term Care division is the branch of the State of Montana that oversees Adult Protective Services, Aging services, Medicaid Home and Community Based Services, and Medicaid Nursing Services. Come to this session for a report on how the division implemented items from the last legislative session, including direct care worker wage increases, health care for health care workers, and provider rate increases. There will also be information and discussion pertinent to the coming legislative session.

♦ Take Aways for Montana-From the 2007 Southern California Wildfires—June Kailles

This session will provide information on how to use the expertise, skill sets and resources of local trusted community based organizations. Information will also be provided on how to include people with disabilities and activity limitations in planning and response.

FRIDAY—SESSIONS CONTINUED

♦ Technology for Independence...It's Not About the Technology—Roger Holt

This session will show the participants what is available in adaptive equipment when utilizing the computer. Information will be provided about computer shortcuts and low cost yet effective services and equipment options.

◆ Diabetes Management in 2008 and Beyond—Jane Fitchmeszaros

This session will explore the current treatment options in diabetes management. There will be an emphasis in the session on Type II diabetes. New research and developments in consideration of diabetes management will also be addressed.

Sharing our stories.

Consumers and families share their stories of overcoming obstacles, achieving goals, demonstrating their talents and accomplishments, and experiencing life with all its ups and downs. Make sure to bring your Kleenex!

♦ Mental Health/Addictive and Mental Disorders Division

Updates and information on what is happening in the world of mental health services.



Registration Information

If you are applying for a scholarship, then do *not* send in a conference registration form.

If you are *not* requesting a scholarship, then you must fill out and mail the conference registration form *with your check*.

Scholarship Application:

Return by September 1, 2008

A scholarship is meant to assist those individuals who would like to attend the conference, but are unable to due to financial hardship. The Community Services Bureau has limited funds for these requests, so make sure you get your application in as soon as possible. Someone will contact you if there are any questions regarding your application.

Make sure you fill out the application form completely.

Conference Registration Form:

Return by September 19, 2008

Make sure you fill out the entire registration form. Take advantage of the Holiday Inn Grand conference room rate of \$70(plus tax) by making your room reservations by September 15, 2008.

Make sure you mark either:

- 1. the full conference, or
- 2. what days you are interested in attending, and
- 3. then total.

If you are a speaker, make sure you mark the speaker's box.

Meals:

Your registration includes the following meals:

Thursday: Breakfast, Lunch & Dinner Banquet

Friday: Breakfast & Lunch

Hotel Accommodations

Hotel accommodations are not included in the registration fee. In addition to the Holiday Inn Grand, the following hotels are within close proximity. Make your reservation early to ensure availability.

Billings Hotel and Convention Center

1223 Mullowney Lane	(406) 248-7151
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Kelly Inn

5425 Midland Road (406) 252-2700

Ramada Limited

1345 Mullowney Lane (406) 252-2584

Quality Inn

2036 Overland Avenue (406) 652-1320

C'mon Inn

Tenth Annual Community Services Bureau Conference

October 1-3, 2008 Billings, Montana

Conference Registration Deadline: September 19, 2008

Provider Agency you are representing (if any):	
Address:	
Audicos.	
City: State: Zip:	
I am an:AttendantConsumerProviderCase Manage	r
Family Member Other	
The Department of Public Health and Human Services will make reasonable accommodations for persons with disabilitie who need accommodations at the conference site. Please indicate whether you need material in alternate format, an interpor a special diet.	
There are a limited number of accessible rooms at each hotel. You expected to make your own room reservations unless they are the recipients of a conference scholarship.	
Room Reservations	
In order to receive the \$70.00 plus tax conference room rate, make your reservation directly with the Holiday Inn Grand pto September 15, 2008. Ask for the Department of Public Health and Human Services, Community Services Bureau Conference.	rior
Meals: Your registration includes the following meals:	
Thursday: Breakfast, Lunch, Dinner Banquet Friday: Breakfast, Lunch	
Thursday: Breakfast, Lunch, Dinner Banquet Friday: Breakfast, Lunch Conference Registration Fees (includes meals)	
Thursday: Breakfast, Lunch, Dinner Banquet Friday: Breakfast, Lunch Conference Registration Fees (includes meals) Taxpayer ID #81-0302402	
Thursday: Breakfast, Lunch, Dinner Banquet Friday: Conference Registration Fees (includes meals) Taxpayer ID #81-0302402 Registration: (until 9/19/08) Full Conference\$180 Speaker Registration \$165 for entire conference	
Thursday: Breakfast, Lunch, Dinner Banquet Friday: Breakfast, Lunch Conference Registration Fees (includes meals) Taxpayer ID #81-0302402 Registration: (until 9/19/08) Full Conference\$180 Wednesday only\$70 Wail the completed registration form with your check to:	
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^{**}This conference is self-supporting with revenues generated from conference registration, vendor booths and fund-raising efforts. **

Application for Scholarship

(Please Print Clearly)

Name	•	SSN			
Stree	t				
City		ZIP			
Phone	e	E-Ma	ail		
I am a	a: (Check One)	Consumer	Attendant	Family	Member
Scho	larship Requeste	ed For:			
	Conference Reg	istration Fee			
	_Mileage (Will be	e Negotiated on an	Individual Basis)		
	_Hotel Room				
	Wednesday Nig	ht Consumer Dinne	er. No. of Individua	als:	
Night	ts Of				
	Wednesday Oct	ober 1st Only			
	Wednesday and	l Thursday October	1st and 2nd		
	Thursday October 2nd Only (Night of Banquet)				
	Other - Specify				
Туре	of Room				
	Standard Room	1 Bed			
	Standard Room 2 Beds				
	Accessible Room with Roll-In Shower 1 Bed				
	Accessible Room with Roll-In Shower 2 Beds				
	Accessible Room without Roll-In shower 1 Bed				
	Accessible Room without Roll-In shower 2 Beds				
Speci	ial Request				
		you are willing to	forfeit an accessi	ble room in (order
to sta	ay at the confere	ence site			
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If You	u Will Require a	Special Diet, Pleas	se Specify		
			- 11 . 12		
Name Room		ver(s).(Print Clearly)	Indicate if your Ca	aregiver Will S	Share Your

Scholarships are Limited and Awarded on a First Come Basis
Please Return the Completed Application by <u>September 1st, 2008</u> to:

CSB Bureau Conference
Senior and Long Term Care Division
PO Box 4210
Helena MT 59604



Senior and Long Term Care Division PO Box 4210 Helena Mt 59604-4210

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Alternative accessible formats of this brochure will be provided upon request

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